



Name: False Sunflower *Heliopsis helianthoides*

Phonetic Spelling: hee-lee-OP-sis hee-lee-an-THOY-dees

Description: *Heliopsis helianthoides* is similar to *Helianthus*, the true sunflower. It is an easy to grow plant that flourishes in moist to dry, open woodlands, prairies, and fields. It tolerates a wide range of soil conditions, including poor soil but does best in moist, well-drained soil in full sun.

Height: a herbaceous perennial that may grow 3 to 5 feet tall.

Bloom Color: Brown/copper, yellow/gold, orange

Bloom Season:

Sun: Full sun to partial shade

Soil: Moist to dry, open woodlands, prairies, and fields. It tolerates a wide range of soil conditions, including poor soil but does best in moist, well-drained soil in full sun.

Pollinators: Its flowers are attractive to bees, butterflies and other pollinators. Its seed may be eaten by songbirds.

Pests: Some susceptibility to aphids. Taller plants may need staking or other support.

Cultivation & Management:

Sources: <https://plants.ces.ncsu.edu/plants/heliopsis-helianthoides/>