# Clinton County Resource Guide

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## Food, Clothing and Shelter

#### The Women's Center

34 W. Main St., Lock Haven, PA 570-748-9539 or 570-923-2270 Houses victims (men and women) of Domestic Violence for up to 30 days in a 6 month period. We offer options for victims/survivors of Sexual Assault and Domestic Violence.

#### **McElhattan United Methodist**

502 McElhattan Dr.McElhattan, PA 17748570-769-6066Service Times: Sunday, 0900 (Sunday School), Sunday, 1000 (Sunday Worship)

#### **Bald Eagle United Presbyterian Church**

111 Main St. Mill Hall, PA 17751 570-726-4112

#### The Love Center and Soup Kitchen

229 South Broad Street Jersey Shore, PA 17740 570-772-3275

Love Center helps to alleviate some of the misery for those that find themselves in emergency situations such as near homelessness, lack of food and adequate clothing, utility shut-off notice etc. The Love Center also operates a soup kitchen Monday through Friday serving a hot meal between 11:00am to 12:45pm. A food pantry provides individuals and families with a 3-day emergency supply of groceries.

- All ages welcome
- No eligibility requirements

Please contact Denise Gibbs for all inquiries at 570.244.8838 newlovecenter@gmail.com

#### **Salvation Army Stores**

457 Market St. Williamsport, PA 17701 570-326-9187

119 East Church St. Lock Haven, PA 17745 570-748-2951

#### Shoe Bank/Kid's Closet

3<sup>rd</sup> Sat. of the month 11am-2pm

44 West Main St.
Lock Haven, PA
570-748-6481
Children of families with a PA access card are eligible for a new pair of sneakers, a pair of socks and a couple of books at no cost.

#### **Central PA Food Bank**

More Than Bread Soup Kitchen 119 East Church Street Lock Haven, PA 17745 570-748-2951

#### Lock Haven Assembly of God

320 Hogan Boulevard Mill Hall, PA 17751 570-726-3688

#### **Renovo Council of Churches**

Trinity Episcopal Church 147 St. Clair Avenue Renovo, PA 17764

#### **<u>Clinton County Assistance Office</u>**

300 Bellefonte Ave Suit 101 Lock Haven, Pa 17745 570-748-2971 or 1-800-820-4159

#### Life Center Shelter Program

The Life Center Homeless Shelter is a program of the Clinton County Housing Coalition. The Life Center will help build stable and self-sufficient families and individuals by providing temporary shelter and life skills development through comprehensive and specific case management. Clients participate in programming focusing on improving seven major areas: vocational training, workplace skills, substance abuse counseling, interpersonal skill building, parenting, budgeting, and independent living skills The Life Center now has a 4-bed sleep shelter for men called the Merit House. No participation

The Life Center now has a 4-bed sleep shelter for men called the Merit House. No participation in any of the shelter programs is required to stay here.

Contact: Maria Garlick, Executive Director 330 E. Main St., Lock Haven, Pa 17745 570.502.1534

#### Life Center Rental Assistance Program

The Life Center administers the ESG (Emergency Solutions Grant) and offers two types of assistance. Both have stringent financial income and rent reasonableness guidelines. The first is Homelessness Prevention. This offers rental assistance to clients facing an eviction. It can pay up to 6 months of arrears. It can also pay current rent for those with a need for continued assistance. The second is Rapid Re-Housing. This assistance is for those who are displaced or homeless due to an economic downturn, disability, etc. The funding can help with a security deposit, first month rent, and continued rental assistance if necessary. The ESG grant is pending continued renewal and is not a guarantee.

Contact: Maria Garlick, Executive Director 330 E. Main St., Lock Haven, Pa 17745 570.502.1534

## **Employment**

#### **Skills of Central PA**

Offers employment services for individuals 18 and older. Covers Clinton, Lycoming and Centre counties 341 Science Park Road State College, PA 16803 Contact: 814-238-3245

#### Career Link (Clinton County)

PA CareerLink ® of Clinton County 8 North Grove Street, Suite F Lock Haven, PA 17745 570-893-4022 Office Hours: Monday and Thursday, 8:30 AM - 4:30 PM Tuesday, Wednesday & Friday, 8:30 AM - 12:30 PM (Other times by appointment.)

#### Office of Vocational Rehabilitation (OVR)

For Clinton and Lycoming County residents The Grit Building Suite 102- 208 W Third Street Williamsport PA 570-327-3600

Provides individualized vocational rehabilitation services both directly and through a network of approved vendors to help persons with disabilities prepare for, obtain, or maintain employment.

## Mental Health/ Intellectual & Developmental Disabilities <u>Resources</u>

#### Lycoming/Clinton MH/ID/ Joinder Human Services

1-800-525-7938

#### **Intellectual Disabilities:**

Provides a variety of services to assist individuals with developmental disabilities and their families with living and working in their home communities. Support services offered by the Lycoming-Clinton Intellectual Disabilities Program are based in the local community and encourage active participation by individuals, their families, friends, and neighbors. Services include:

- Residential and in-home care
- Vocational and employment services
- Housing Enhancement Program
- Family support and specialized therapies
- Specialized early intervention services for children from birth to age 3 who have a developmental delay

#### Mental Health:

Mental Health services are primarily available for adults with a serious mental illness and children/adolescents with or "at risk" of developing a serious emotional disturbance. Contact the office for information and referral services. We also provide 24-hour crisis intervention services.

#### **Early Intervention:**

Early Intervention is a no cost program for children birth to three who have been identified with special needs and meet the eligibility requirements. This program is designed to help families better meet the needs of their child. Through a family training model services are provided in the child's natural environment with the active participation of their parents and other caregivers. These services can include: home based instruction, physical, occupational and speech therapies, case management services and tracking (monitoring a child's development.)

Hours of Operation: Weekdays, 8:00-4:30 Sharwell Bldg., 200 East Street, Williamsport Contact: 570-326-7895

8 North Grove Street, Lock Haven Contact: 570-748-2262 \*The above listed contact numbers can be used as a crisis hotline for individuals in time of mental health crisis.

#### The Special Education ConsultLine

Information for families and advocates of children with special needs 1-800-879-2301

#### **Crossroads Counseling**

Provides individual and group counseling for D & A issues, provides domestic violence program for men (Batterers Intervention Program), Peer Support and Wellness Programing. Also available is a Certified Recovery Specialist. Provides an Outpatient Mental Health Clinic (in schools – Dickey, Liberty, Bucktail, Renovo, CMMS, Mill Hall, Woodward, Robb, CMHS) and in office, MH Child Partial program Psychological testing and Tele psychiatry services and Wellness Programming.

Hours of Operation: Monday through Thursday, 8:00 am-9:00 pm; Friday 8:00 am-1:00 pm Lycoming County Address: 501 East Third Street, Williamsport Contact: 570-323-7535 Clinton County Address: 8 N. Grove St., Lock Haven, PA

Contact: 570-893-1886

#### CSG Commerce Park Clubhouse

CSG provides vocational programs for adults whose mental illness has impeded their emotional, social, economic and vocational development. Programs aid individuals in searching for jobs, refining interviewing skills and transitioning into a new job. They focus on working with each person in the setting most comfortable for the individual.

The Commerce Park Clubhouse offers a variety of employment opportunities such as Transitional Employment Positions (TEP), Supported Employment and also provides in-house support for those in Independent Employment. TEP's and Supported Employment also receive Job Coaching, funded through OVR. Commerce Park Clubhouse has a wide variety of opportunities for members to get involved in everything from cooking to how to use a computer throughout the work day.

The Tower Cafe is a vocational training restaurant operated by Community Services Group. Hours of Operation: Weekdays, 8:00 am - 4:30 pm, second Tuesday of each month until 7:00 pm and last Saturday of each month 10:00-2:00

Referral #: 877-907-7970

Contact: Paula Yeckley, 570-323-6944, ext. 20061

#### CSG Peer Support

Assists individuals with mental health issues in developing their path to recovery. Individuals work with peer specialists who have been the recipients of mental health services. Peer specialists assist individuals with basic living skills, support and advocacy, social networks and links to other resources. For ages 18+

Hours of operation: Weekdays 8:00 am to 4:30 pm Contact Lisa Basci, 570-286-0111 ext. 30016

#### **CSG Clinton County**

8 North Grove St. Lock Haven, PA 570-323-6944

Providing outpatient mental health services to individuals experiencing emotional, relational, and behavioral problems. Provides a variety of individualized services that support wellness. Provides Clozaril Services, Outpatient Mental Health Clinic and Tele Psychiatry Services. Also provides Outpatient Mental Health in schools (Avis, Salladasburg, Jersey Shore Elem, JSMS, JSHS) including evaluations.

#### Crisis Intervention Emergency Services, Lycoming and Clinton

200 East St., Williamsport, PA 17701 570-326-7895

#### **Geisinger** Clinic

955 Bellefonte Avenue Lock Haven, Pa 17745 Outpatient Mental Health Clinic (child) 570-748-7714 Hours: M-F 7am-8pm Sat. 8am-5pm

#### **NHS Pennsylvania:**

Community and School Based Behavioral Health Services (CSBBH) in schools (Dickey, Renovo Elementary and Bucktail MS) 570-320-2816

#### **Skills of Central Pennsylvania, Inc.**

11 1<sup>st</sup> Street, Lock Haven PA 17745 Offers Mobile Psych Rehab & Site Based Psych Rehab. 814-238-5117

#### Wright, Rebecca, LPC

142 East Church Street, 2<sup>nd</sup> Floor, Lock Haven PA Therapist – Outpatient Services 570-748-7173

#### McLean, Forrest, LCSW

121 East Main Street Rear, Suite 102 Lock Haven, PA 17745 Therapist – Outpatient Services 570-772-0310

#### Keystone Counseling and Evaluation Services Santucci, Donna, LPC

120 South Highland Street, Lock Haven PA 17745 Therapist – Outpatient Services 570-748-7173

#### Chances and Changes

McLean, Bobbi, LCSW 207 North Vesper Street, Lock Haven PA 17745 Therapist – Outpatient Services 570-748-6475

<u>A Place For Change</u> <u>Fritts, Melissa, LSW</u> <u>Ransom, Jennifer, LPC</u> 216 Main Street, Mill Hall PA 17751 Therapist – Outpatient Services 570-295-6958

#### Petroski, Richard, PhD

7930 Nittany Valley Drive, Mill Hall PA 17751 BHRS Best Practices Evaluation

## **Drug & Alcohol Treatment/Services/Supports**

#### Alcoholics Anonymous (AA)

Meeting dates and times can be located in the Lock Haven Express. Meeting times can also be found for Narcotics Anonymous here. 24 hour hotline 570-327-2860 www.district48aa.org Contact: 814-237-3757

#### Crossroads Counseling (adult and child)

Provides individual and group counseling for D & A issues, including Community Based
Adolescent D&A services, provides domestic violence program for men (Batterers Intervention
Program), D&A Certified Recovery Specialist, D&A Intensive Outpatient, D&A Partial Program
and Buprenorphine Services.
Can serve Mental Health & Drug and Alcohol
Hours of Operation: Monday through Thursday, 8:00 am-9:00 pm; Friday 8:00 am-2:00 pm
Lycoming County Address: 501 East Third Street, Williamsport
Contact: 570-323-7535
Clinton County Address: 8 N. Grove St., Suite 1, Lock Haven, PA

Contact: 570-893-1886

#### Lifering.org

**LifeRing Secular Recovery** is an abstinence-based, worldwide network of individuals seeking to live in recovery from addiction to alcohol or to other non-medically indicated drugs. Online Meetings, email lists, e-pals Contact: 800-811-4142

#### West Branch Drug and Alcohol Services

Assessments and referrals to:

- Outpatient Counseling (individual and group)
- Detox and Rehab
- Intensive Outpatient Counseling (individual and group)
- Partial Hospitalization
- Halfway House
- Inpatient, Non-Hospital Detoxification and Rehabilitation
- Inpatient, Hospital-Based Detoxification and Rehabilitation
- Methadone Maintenance
- D&A Certified Recovery Specialist
- Medication Assisted Treatment Coordination
- D&A Case Management

300 Bellefonte Ave Lock Haven, PA 17745 Contact: 570-367-8670 Emergency 24-Hour Hotline: 888-941-2721

www.westbranchdrug-alcohol.com

#### Narcotics Anonymous (NA)

LockHavenareaofNA.org24/7 Hotline: 800-479-1563Meeting List and other resources available online

#### <u>Jersey Shore Hospital</u>

Smoke Stoppers Classes on Smoking Cessation Address: 1020 Thompson Street Jersey Shore, PA 17740 Contact: 570-398-0100

#### Lock Haven Hospital

Smoking Tobacco Cessation Program N-O-T (not on tobacco) program is youth based tobacco education cessation program at Keystone Central School district. Participants must be under age of 20. Address: 24 Cree Dive Lock Haven, PA 17745 Contact: 570-893-5000

#### **Prescription Disposal Box**

There is a disposal box located in the entryway of the Garden Building for unused prescription medications to be properly disposed of.

#### **Recovery Community Connection**

1400 Market St. Williamsport, PA 17701 Contact: 272-202-0857 Jennifer@recoverycommunityconnection.org

The mission is to develop and mobilize resources that enhance long-term recovery from substance abuse issues, through education, public advocacy, and peer support. The vision is a community where long-term recovery is accurately supported, integrated and nurtured.

#### **Crossroads**

8 North Grove Street Suite 4 Lock Haven, PA 17745 Contact: 570-893-1886 Comprehensive Team Approach which consists of a Therapist, nurse and CRS to support integration between physical and behavioral health.

## **Life Skill Programs**

#### Infant Development Center

980 E. Water St. Lock Haven, PA 570-748-3928 www.idpkids.org

Provides free early intervention services for ages: birth – 5 years. PACT – parenting program services are free to families in Clinton County

#### PA CareerLink

8 N. Grove St., Suite F, Lock Haven, PA 570-893-4022

#### Penn State Cooperative Extension

542 County Farm Rd. Montoursville, PA 570-327-2350 Clinton County – 47 Cooperation Lane, Mill Hall, PA 570-726-0022

Helps individuals, families, businesses and communities throughout PA with information and a broad range of education programs designed to:

- Support productive, profitable or competitive business and a strong agricultural bond system
- Strengthen families, children, youth and the elderly
- Ensure the long-term relationship of PA's Natural Resources

#### **Skills of Central Pennsylvania**

701 Allegheny Street Box 1 Jersey Shore, PA 17739 570-398-8738 We work to create opportunities that introduce possibility and hope as a premier health and human services organization. A will to strive to help people living with behavioral health, intellectual development challenges. We work to overcome adversity, promote choice, encourage recovery and give support when the people we work with need it most.

#### **Center for Independent Living of North Central PA (CILNCP)**

www.clincp.org 570-327-9070

#### **<u>Clinton County Community Connections, Inc.</u>**

10 North Washington Street Suite A. Lock Haven, PA 17745 570-748-9006

#### **<u>Clinton County Children and Youth Social Services</u>**

232 East Main Street PO Box 787 Lock Haven, PA 17745 570-893-4100 24/7 Hotline: 800-932-0313

#### **Horses of Hope**

http://www.horseofhope.org/ 19 Forest Drive Po Box 94 Lock Haven, PA 17745 570-295-2904

#### Lycoming-Clinton MHID Joinder (Mental Health Intellectual Disabilities)

www.joinder.org 8 North Grove Street, Suite A Lock Haven, PA 17745 570-748-2262

## **Healthcare/Medication Assistance**

#### Medical Assistance

- Clinton County Assistance Office Address: 300 Bellefonte Ave., Lock Haven, PA 1-800-820-4159 or 570-748-2971
- Lycoming County Assistance Office Address: 400 Little League Blvd., Williamsport, PA 570-327-3300 or 1-877-867-4014

AdultBasic (must receive a denial from medical assistance) 1-800-462-2742

www.freemedicineprogram.org

www.needymeds.org

#### Partnership for Prescription Assistance

1-888-477-2669 www.pparx.org

#### North Central Sight Service Inc. (NCSS)

www.ncsight.org 2121 Reach Road Williamsport, PA 17701 570-323-9401

## **Transportation**

#### **Medical Assistance Transportation Program-STEP**

The Medical Assistance Transportation Program (MATP) is a service available to Medical Assistance consumers in Lycoming/Clinton counties. They must be registered with STEP Transportation Services.

MATP sponsored consumers ride at no charge when being transported for an approved medical purpose and to a medical provider that accepts the PA Access card. MATP is responsible for providing the most cost-effective, appropriate transportation service available to meet the need. Consumers may be directed to use a privately owned vehicle (with mileage reimbursement), River Valley Transit (fixed route) bus, or scheduled to be picked up by a STEP van or taxi. MATP services can be used to go to medical appointments or to get to any service for which Medical Assistance pays, including: doctors, therapies, tests, tests, dental visits, trips to the pharmacy for prescriptions, mental health treatment, drug and alcohol treatment, trips to medical equipment suppliers; transportation to Geisinger Medical Center, Danville is provided five days a week. Please call the office for pick up and return times.

Hours of Operation: Office hours for scheduling transportation appointments 8:00am-5:00pm Contact: 570-323-7575

Toll Free: 800-222-2468

#### Taxi Services

- Billtown Cab 3575 W. Fourth St., Williamsport, PA 570-322-2222
- Jersey Shore Taxi 570-398-8294
- Lock Haven Taxi 14 E. Main St., Lock Haven, PA 570-893-8294

## **Utilities & Rental Assistance**

#### **Electric**

PPL – 1-800-342-5775 STEP Outreach – 570-327-5485 Provides assistance with fuel, housing, and transport services. Hours: 0900-1700 Monday-Friday

#### <u>Gas</u>

UGI Utilities Inc. – 1-888-876-4394 PPL Gas – 1-800-652-0550 24 Hour Hotline: 800-652-0550

#### Safelink Wireless

Free cell phone for those financially eligible 68 free minutes per month Apply online at <u>www.safelinkwireless.com</u> Enrollment and plan changes support: 1-800-723-3546

#### Low Income Home Energy Assistance Program (LIHEAP)

Assists low income families with paying their heating bills; assistance is provided in the form of a cash grant sent directly to the utility company or a crisis grant for households in immediate danger of being without heat. Customers do not need to have an unpaid bill to qualify and do not need to be public assistance recipients.

Hours of Operation: Weekdays, 7:30 am-5:00 pm Address: 400 Little League Boulevard, Williamsport Contact: 570-327-3497

#### **STEP OnTrack**

A special payment plan for income-eligible customers who are struggling with their electric bills. While enrolled and following program guidelines, you're protected from having your electric service disconnected.

2138 Lincoln St. Williamsport, PA 17701 Lycoming County: 570-326-0587 124 E Walnut St. Lock Haven PA 17745 Clinton County: 570-858-5800 Email: <u>Utilitiesassistance@stepcorp.org</u>

#### **Clinton County United Way**

220 N. Jay St. Lock Haven PA 17745 www.clintoncountyunitedway.org

# **Southern Clinton County Association of Christian Churches** Assistance with rent, electric, water and heat.

Zelma Lang chaplainlang@live.com 570.506.6376

### **Miscellaneous**

#### **Divorce Care – Williamsport**

The DivorceCare support group offers help and healing for individuals dealing with the hurt of separation and divorce. Each weekly DivorceCare session has two distinct elements: a seminar video focusing on divorce and recovery topics, and a group discussion about the presentation and what is going on in the participants' lives \$16.00 registration fee, which includes workbook – scholarships are available Meets Sundays 1830-2030 (no childcare available)

First United Methodist Church, 604 Market St. Williamsport, PA 17701 Contact: Low Anne Barnhart 570-323-5146

#### **<u>Clinton County Housing Authority</u>**

The Clinton County Housing Authority administers 457 well maintained Public Housing apartments located in Lock Haven and Renovo. We also administer 3 Single Room Occupancy apartments in Lock Haven. Please visit our website for more information or to apply for housing. 369 Linden Circle, Lock Haven 570-748-2954

350 Huron Ave Renovo, PA 17764 570-923-0530

#### **<u>Big Brothers/Big Sisters (Clinton County)</u>**

8 North Grove Street PO Box 787 Suit 2 Lock Haven Pa 17745 570-893-2585 Ext. 1

#### North Penn Legal Services

Legal advocates for low-income individuals and families. Help people establish eligibility for public benefits, protect themselves from domestic violence, gain access to healthcare and avoid loss of housing due to uninhabitability, eviction or foreclosure. The following are given priority: enabling families to avoid loss of their home through uninhabitability, eviction or foreclosure; helping families enjoy safe and secure housing whether threatened by ongoing conditions in public or private housing by natural disaster; establishing eligibility for public benefits when someone has lost their job, become disabled or is otherwise unable to obtain employment; assist with domestic violence cases; assist with lack of access to health care; provide legal assistance for those who are vulnerable.

Office Hours: 0830-1200 & 1300-1630 Monday-Friday 25 W. Third St. Suite 400 Penn Tower Building Williamsport, PA 570-323-8741 Toll Free: 800-326-7436 Northpennlegal.org

#### AIDS Resource

Clinton County residents can reach out to either office (Williamsport or State College). We can meet them in Clinton County at the NCDAC's office at 8 North Grove Street, Lock Haven, for testing, condoms, case management, etc. They can call our toll-free number to get in touch with any of our staff (800-773-2437).

Williamsport Office: 570-322-8448 State College Office: 814-272-0818

#### **Homeless Veterans resource:**

CEO: Commission on Economic Opportunity Housing assistance for Veterans Also for veterans and their families bring evicted to help in emergencies 1-800-822-0359 570-826-0510 www.ceopeoplehelpingpeople.org

#### **Community Service Locations**

- Susque View Nursing and Rehabilitation Center: Lock Haven, Pa, 570.748.9377
- The Love Center: Jersey Shore, Pa, 570-398-1676
  - o stjohn@stjl.org
- Salvation Army: Lock Haven, Pa, 570-748-2951
- Citizen Hose Fire Company: Lock Haven, Pa, 570-748-3593